



**Neighbourhood Management Programme  
Working Group – Comeunity Wellbeing  
South and Central Yarmouth  
Held 23<sup>rd</sup>.June 2008 - 2pm– 4pm  
At Neighbourhood Centre, King Street, Gt. Yarmouth**

**MINUTES**

**Present**

Michael Blank	Resident	Comeunity Forum
Valerie Cadmore	SHARP Liaison Officer	GYBC
Eliza Pepper	Health Trainer	Community Connections
Valerie Pettit	Councillor /Resident	Great Yarmouth Borough Council
Kate Platt	Ageless Opportunity Co-ordinator	Priory Centre

**Also present:**

Ruth Thompson	Administrator	Comeunity Neighbourhood Management
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**Apologies**

Cora Batley	Resident	Comeunity Forum
Paul Brice	Physical Activity Lead	Gt. Yarmouth & Waveney PCT
Rob Gregory	NM Manager	Comeunity Neighbourhood Management

1. **Welcomes/  
Introductions** Valerie Pettit, chaired the meeting and welcomed everyone.

2. **Project Scoping** Pilot Health Roadshow – Middlegate

Michael Blank on behalf of Comeunity Wellbeing and Eliza Pepper from Community Nutritionists/Health Trainers (Community Connections) jointly gave an overview of the event held on 21<sup>st</sup>.June 2008, outside Gt.Yarmouth Library.

Although, taking into account the weather conditions, there was a good representation and positive response from families it was felt however that there was not enough emphasise on the ‘wellbeing’ theme. Also felt that the timescale needed to be reviewed, proposal was 10-2pm.

**Action: Agreed that a sub-group be formed to review the**

**publicity/organisation and timescale. Two further events to be held in September, one as a follow-up to Middlegate and one to cover the Barracks area.**

Older people's groups Needs Analysis

Kate Platt (Ageless Opportunity) advised the group that she had met up with Holly and Cora. Added that it was a useful meeting as it established groups available and the gaps it presented. It was agreed that it is more involved setting up a new group than linking in with an existing one already established due to the volume of volunteers required. The following suggestions were put forward:-

- Mirror Age Concern pop-in held at the Priory Centre
- Approach Sheltered Housing scheme
- Approach Salvation Army.
- Link in with Gt. Yarmouth College catering service.

**See attached information on groups meeting in South or Central Yarmouth**

3. **Communications** Sub-group to co-ordinate and confirm dates for future venues. Members of the sub-group to be made up of the following persons (Michael Blank, Resident; Eliza Pepper, Community Connections; Paul Brice, PCT; and representative from Mobile Food Bus;?

4. **A.O.B.** Poly Clinic  
Confirmed that Holly Notcutt was liaising with surgeries in area. Agreed to extend invite to Health Trainer  
Agreed that the information available on the proposed Poly Clinics be distributed at the next Community Forum meeting being held on 29/07/08 at 12 noon, Gt. Yarmouth Library.  
**Action: Holly to liaise with Oliver of Community Connections. and obtain copies of the consultation for distribution.**

**Diary of Events promoting Wellbeing.**

**Cancer Awareness Day** – 1-5<sup>th</sup>.July 2008 11am-4pm. South Beach area.

**Carnivals** – Caister - 29<sup>th</sup>.June . Martham -5/6<sup>th</sup> July 2008 (A Health Trainer representative/s from Community Connections will be present)

**50+ Fun Day** – 23/07/08 10-2pm – Priory Centre.

**Meeting closed at 2.45pm.**

5. **Time/Date of next Meeting** Date: Tuesday 19th. August 2008  
Time: 10-12pm.  
Venue: Neighbourhood Centre, King Street